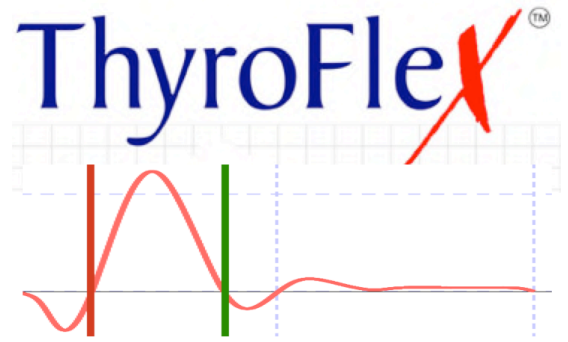


Advanced Fertility Services



THYROID SYMPTOM SURVEY

Do you suffer from any of the following?

Rate your symptoms below on a scale of 0 to 3. 0:None, 1:Mild, 2:Moderate, 3: Severe

Patient Name: _____ **DOB:** ___/___/___ **Ht:** _____ **Wt:** _____ **Date:** _____

I understand that the Thyroflex™ uses a reflex hammer that may leave a bruise, as such; I will not hold the Practitioner or Nitek Medical Inc. responsible for such any injury. _____ (Initial here)

Hypo Symptoms

- _____ Tiredness & Sluggishness, lethargic
- _____ Dryer Hair or Skin (Thick, dry ,scaly)
- _____ Sleep More Than Usual
- _____ Weaker Muscles
- _____ Constant Feeling of cold (fingers / hands/ feet)
- _____ Frequent Muscle Cramps
- _____ Poorer Memory
- _____ More Depressed (mood Change easily)
- _____ Slower Thinking
- _____ Puffier Eyes
- _____ Difficulty with Math
- _____ Hoarser or Deeper Voice
- _____ Constantly exhausted & tired
- _____ My Libido is low
- _____ Muscles are getting flabby (Loosing muscle tone)
- _____ Constipation
- _____ Coarse Hair / Hair loss / brittle
- _____ Muscle / Joint Pain
- _____ Low Sex Drive / Impotence

- _____ Puffy Hands and Feet
- _____ Unsteady Gait (bump into things)
- _____ Gain Weight Easy
- _____ Outer Third Of Eyebrows Thin
- _____ Menses More Irregular (should be 28 Days)
- _____ Heavier Menses (clotting / 3+ days)
- _____ Carpel Tunnel Syndrome

_____ **Total HYPO Score**

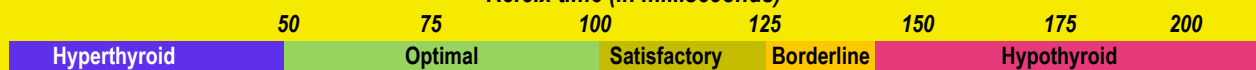
Hyper Symptoms

- _____ Palpitations (Skipping of heart beat)
- _____ Insomnia
- _____ Tachycardia (Rapid or irregular heart beat)
- _____ Shakiness
- _____ Increased Sweating
- _____ Brittle Nails
- _____ Loss of Appetite

_____ **Total HYPER Score (0)**

Check here for: antibodies Test = If: (Hypo+ 12+, Hyper = 7+, Includes Tachycardia and/or Palpitations Yes/No

Refelx time (in milliseconds)



RMR: _____ (Women=2,250 cal/day, Men=2,750 +/- 250 cal/day for over/underweight or aged)

Hugh Melnick, MD, FACOG
Medical Director

Vasilios T. Goudas, MD FACOG
Reproductive Endocrinologist